

Combo Oral Meds PocketCard™



Medications	Doses in mg	Medications	Doses in mg	Medications	Doses in mg
Trijardy XR (3 meds) empagliflozin linagliptin metformin XR	5 - 25 2.5 -5 1000	Janumet (sitagliptin/ metformin)	50/500 50/1000	Prandimet (repaglinide/ metformin)	1/500 2/500
ACTOplus Met* (pioglitazone/ metformin)	15/500 15/850	Janumet XR (sitagliptin/ metformin)	50/500 50/1000 or 100/1000	Qtern (saxagliptin / dapagliflozin)	5/10
ACTOplus Met XR (pioglitazone/ metformin)	15/1000 30/1000	Jentadueto (linagliptin/ metformin)	2.5/500 2.5/850 or 2.5/1000	Segluromet (ertugliflozin/ metformin)	2.5/500 or 2.5/1000 or 7.5/500 or 7.5/1000
Duetact* (pioglitazone/ glimepiride)	30/2 30/4	Kazano (alogliptin/ metformin)	12.5/500 12.5/1000	Steglujan (ertugliflozin/ sitagliptin)	5/100 or 15/100
Glucovance* (glyburide/ metformin)	1.25/250 2.5/500 5/500	Kombiglixe XR (onglyza/metformin XR)	2.5/1000 5/500 or 5/1000	Synjardy (empagliflozin/ metformin)	5/500 or 12.5/500 5/1000 or 12.5/1000
Glyxambi (empagliflozin and linagliptin)	10/5 25/5	Metaglip* (glipizide/ metformin)	2.5/250 2.5/500 or 5/500	Synjardy XR (empagliflozin/ metformin XR)	5/1000 or 10/1000 12.5/1000 or 25/1000
Invokamet (canagliflozin/ metformin)	50/500 or 50/1000 150/500 or 150/1000	Oseni (alogliptin/ pioglitazone)	12.5/15 or 25/15 12.5/30 or 25/30 12.5/45 or 25/45	Xigduo XR (dapagliflozin/ metformin)	5/500 or 10/500 5/1000 or 10/1000

*Available in generic. Observe precautions of each component drug. Please consult prescribing information for details.

Other Oral Diabetes Meds

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Class/Main Action	Name(s)	Daily Dose Range	Considerations
Thiazolidinediones “TZDs” <ul style="list-style-type: none"> Increases insulin sensitivity 	pioglitazone (Actos) rosiglitazone (Avandia)	15 – 45 mg daily 4 – 8 mg daily	Black Box Warning: TZDs may cause or worsen CHF. Monitor for edema and weight gain. Increased peripheral fracture risk. Actos may increase risk of bladder cancer. Lowers A1c 0.5% – 1.0%
Glucosidase Inhibitors <ul style="list-style-type: none"> Delays carb absorption 	acarbose (Precose) miglitol (Glyset)	25 – 100 mg w/meals; 300 mg max daily dose	Start low dose, increase at 4-8 wk intervals to decrease GI effects. Caution with liver or kidney problems. In case of hypo, treat w/ glucose tabs. Lowers A1c 0.5– 1.0%.
Meglitinides <ul style="list-style-type: none"> Stimulates rapid insulin burst 	repaglinide (Prandin)	0.5 – 4 mg w/meals (metabolized in liver)	Take before meals. Side effects may include hypoglycemia and weight gain.
	nateglinide (Starlix)	60 – 120 mg w/meals (eliminated via kidney)	Lowers A1c 1.0% – 2.0%.
Dopamine Receptor Agonists <ul style="list-style-type: none"> Resets circadian rhythm 	bromocriptine mesylate— Quick Release “QR” (Cycloset)	1.6 to 4.8 mg a day (each tab 0.8 mg)	Take within 2 hrs of waking. Side effects: nausea, headache, fatigue, hypotension, syncope, somnolence. Lowers A1c 0.6% – 0.9%.
Bile Acid Sequestrants <ul style="list-style-type: none"> Decreases cholesterol / BG levels. 	Colesevelam HCL (Welchol)	Up to six (6) 625 mg pills (3 tabs am, 3 tabs pm) 3.75gm packet in 4-8 ounces of fluid	Do not use if history of bowel obstruction, triglycerides >500, or pancreatitis. Can decrease absorption of certain meds, soluble vitamins. Lowers LDL by 15-30%. Side effects GI in nature. Lowers A1c 0.5%

Note: Content is for educational purposes only: please consult prescribing information for details.

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